

NNHS Wellness Department

Adapted PE Syllabus

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Mission

To educate students to be self-directed learners, collaborative workers, complex thinkers, quality producers, and community contributors

Course Description

Adapted physical education is physical education that has been modified so it is appropriate for students with disabilities. Under the Individuals with Disabilities Education Act (IDEA, 2004), all students with an Individualized Education Program (IEP) should receive effective physical education services.

Adapted PE classes are comprised of students placed due to need and adapted peers selected to assist in the facilitation of a safe, collaborative and active environment.

What is Adapted Physical Education (APE)?

"Adapted physical education is the art and science of developing, implementing, and monitoring a carefully designed physical education *instructional* program for a learner with a disability based on a comprehensive assessment, to give the learner the skills necessary for a lifetime of rich leisure, recreation, and sport experiences to enhance physical fitness and wellness." (Auxter, Pyfer, & Huettig 2001, p.3.)

What Type of Educational Setting is Appropriate for Each Student?

A variety of factors can contribute to the placing of a student in physical education, but it is recommended that each student be placed individually in the least restrictive environment in accordance with the continuum of services.

Instruction in a Least Restrictive Environment (LRE)...

Refers to adapting or modifying the physical education curriculum and/or instruction to address the individualized abilities of each child. Adaptations are made to ensure that each student will experience success in a safe environment. Placement is outlined in the IEP and may include one or more of the following options:

- The general physical education setting
- The general physical education setting with a teaching assistant or peers
- A separate class setting with peers
- A separate class setting with assistants
- A one-to-one setting between students and the instructor

Course Learning Standards - Adapted Physical Education Standards

Standard 1: HUMAN DEVELOPMENT

Standard 2: MOTOR BEHAVIOR

Standard 3: EXERCISE SCIENCE

Standard 4: MEASUREMENT AND EVALUATION

Standard 5: HISTORY AND PHILOSOPHY

Standard 6: UNIQUE ATTRIBUTES OF LEARNERS

Standard 7: CURRICULUM THEORY AND DEVELOPMENT

Standard 8: ASSESSMENT

Standard 9: INSTRUCTIONAL DESIGN AND PLANNING

Standard 10: TEACHING

Standard 11: CONSULTATION AND STAFF DEVELOPMENT

Standard 12: STUDENT AND PROGRAM EVALUATION

Standard 13: CONTINUING EDUCATION

Standard 14: ETHICS

Standard 15: COMMUNICATION

Course Activities (but not limited to...)

- Individual & Team Games
- Fine & Gross Motor Development
- Fitness: Cardiovascular, Muscular Endurance, Muscular Strength, Flexibility
- Dance
- Aquatics
- Bowling
- Golf
- Wall Climbing
- Team Building

Grading:

Overall Semester grade:

The final semester grade will be rounded to the nearest percentage point.

Course Grade:

Students are graded daily through appropriate application of the NNHS Wellness Department Daily Engagement Rubric.

Grading Disbursement:

A= 90-100 B= 80-89 C= 70-79 D=60-69 F= <59

Reassessment Policy

Summative Assignments: These assignments must be completed before the end of the following unit.

Formative Assignments: All late work must be completed by the end of the current unit for a maximum grade of 80%. Anything turned in after the end of the unit will receive a maximum grade of 50%.

Retake Policy (retakes are only on summative work, excluding final exams):

1. Students are only allowed retakes on unit tests on which they receive a 79% or below.
2. The maximum grade the student can earn on the retake is an 80%.
3. The higher of the two scores will be entered in Infinite Campus
4. The retake times and locations are left up to the individual teacher.
5. Students are required to complete additional coursework prior to any retake.

Communication

- Teachers make every effort to respond to emails and phone calls within 48 hours during the work week.
- The best way to communicate with teachers is through email; however, if you haven't received a response in 48 hours, please resend the email or call their voicemail. Your email may have gone into "junk" or "spam" folder.

Help

- Make an appointment with your teacher.
- Attend S.O.S (supervised open study) in the Literacy Center M, W & Th from 3:15 to 4:15.
- Drop in for peer tutor during lunch periods or before school through the Literacy Center.

Parents or Guardians

We need your help!

- Parents should actively check Infinite Campus for their student's grade.
 - The grades on Infinite Campus will be accurate only at Mid-Quarter and Quarter. Prior to those dates, the grade reflected is fluid.
 - Infinite Campus is a communication tool until final grade is posted.
- Please ask your student about their school work
- Check with your individual teacher for classroom procedures, schedules, and daily class news.