



Parent Conversation Circles

Parents of Preschoolers: Primrose School, 2915 Reflection Dr., Naperville

Day and time TBD

Zak & Rachelle Kates

Start date TBD

Parents of Young Children: DuPage Children's Museum, 301 N. Washington St., Naperville

Thursday mornings

Mollie Willis

Start date and time TBD

Parents of Elementary Age Kids: 360 Youth Services, 1935 Brookdale Rd., Naperville

Thursdays at 9:30

Angie Michalak B

Begins 4/17

Parents of 10-12 Year Olds: Good Shepherd Church, 1310 Shepherd Dr., Naperville

Thursdays at 7pm

Beth Sack

Begins 4/17

Parents of Jr High Students: Washington Jr High, 201 N. Washington St., Naperville

Day and time TBD

Julie Nelson-Kuna

Start date TBD

Parents of Jr High and High School Boys and Girls: Fry Family YMCA, 2120 95th St., Naperville

Tuesdays at 7pm

Rosemarie Massengale

Begins 4/15

Parents of Teenagers: NaperBridge, 231 S. Washington St., Naperville

Mondays at 7:30 pm

Cindy Rowsey

Begins 4/21

Parents of Sexually Assaulted Children: Community Christian Church, 1635 Emerson Lane, Naperville

Mondays at 7pm

Begins 4/14

Single Dads: International Business Centre: 1717 N. Naper Blvd., Naperville

Tuesdays, at 7 pm

Josh Peterson

Begins 4/22

Parents of Teens in Recovery: Linden Oaks Outpatient Center, 1335 N. Mill St., Ste. 200-Rm 205, Naperville

Mondays, 7:30 pm – begins 4/21

Registration link: <http://www.parentsmattertoo.org/conversation-circle-registration/>

Interesting Reads (for parents)

Artificial Maturity: Helping Kids Meet the Challenge of Becoming Authentic Adults, Tim Elmore, 2012.

Brainstorm: The Power and Purpose of the Teenage Brain, Daniel J. Siegel, 2014.

Building Resilience in Children and Teens: Giving Kids Roots and Wings, Kenneth R. Ginsburg, 2011.

Doing School: How We Are Creating a Generation of Stressed Out, Materialistic and Miseducated Students, Denise Clark Pope, 2003.

How Children Succeed: Grit, Curiosity, and the Hidden Power of Character, Paul Tough 2012.

Failing Forward: How to Make the Most of Your Mistakes, John C. Maxwell, 2000.

Mindfulness: An Eight-Week Plan for Finding Peace in a Frantic World, Mark Williams and Danny Penman, 2012

Mindset: The New Psychology of Success, Carol Dweck, 2006.

Please Stop the Rollercoaster: How Parents of Teenagers Can Smooth Out the Ride, Sue Blaney, 2007.

The Gifts of Imperfection: Let Go of Who You Think You're Supposed To Be and Embrace Who You Are, Brené Brown, 2010.

The Smartest Kids in the World and How They Got That Way, Amanda Ripley, 2013.

Recommended Websites:

<http://www.kidsmatter2us.org>

<http://www.parentsmattertoo.org>

<http://thepowerofchoice.info>